



Squirrels Menu: Week 1

	Morning	Lunch 12:00-12:30	Pudding	Afternoon 3:00pm	Tea 5:00pm
Monday	Choice of cereal, toast or fruit	Cheese and Broccoli pasta bake Veg chilli	Yoghurts	Waffles & Fruit	Beans on Toast
Tuesday	Choice of cereal, toast or fruit	Turkey Tikka Mild Lentil Tikka Served with Rice	Ice cream and Sprinkles	Tortilla Chips & Dip	Tomato & Herb Pasta
Wednesday	Choice of cereal, toast or fruit	Roast Chicken, Roast potatoes and veg Pasta Fagioli	Ice Lollies	Rice Cakes & Fruit	Cheese & Ham Sandwiches
Thursday	Choice of cereal, toast or fruit	Cheesy Bolognese Pasta Quorn Bolognese pasta	Marble Cake	Cheese & Crackers	Jacket Potatoes served with Beans and Cheese
Friday	Choice of cereal, toast or fruit	Jacket Potatoes and Beans	Fruit Jelly	Milk and Cookies	Cheese & Ham wraps Salad sticks Crisps

- Fresh drinking water and milk is available throughout the day along with juice at meal times
- Alternative meals are prepared for all children that have a dietary requirement

- Salad and Fruit bar available to add throughout Tea



Squirrels Menu: Week 2

	Morning	Lunch 12:00-12:30	Pudding	Afternoon 3:00pm	Tea 5:00pm
Monday	Choice of cereal, toast or fruit	Roast Chicken Roast Potatoes and Veg Veg Ratatouille Pasta	Ice Cream	Fresh Fruit Platter	Cheese & Ham Wraps
Tuesday	Choice of cereal, toast or fruit	Tuna Pasta Bake	Yoghurts	Milk & Cookies	Beans & Toast
Wednesday	Choice of cereal, toast or fruit	Beef Chilli Veg Chilli Served with rice	Olde Skool Cake	Pitta Bread & Dip	Jacket Potato with Tuna and Cheese
Thursday	Choice of cereal, toast or fruit	Cheese and Broccoli pasta Bake Red Pepper and Butternut Squash Bake	Fruit Jelly	Milk & Cookies	Ravioli with Bread & Butter



Friday	Choice of cereal, toast or fruit	Quorn Bolognese	Ice Lollies	Cheese & Crackers	Pitta Bread Pizza
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- Fresh drinking water and milk is available throughout the day along with juice at meal times
- Alternative meals are prepared for all children that have a dietary requirement

Squirrels Menu: Week 3

	Morning 7.30-9am	Lunch 12:00-12:30	Pudding	Afternoon 3:15-4pm	Tea 5:00-5.30pm
Monday	Cereal, Toast or Fruit	Fish pie and Veg Pasta Fagioli	Chocolate Cake	Milk & Cookies	Spaghetti on Toast
Tuesday	Cereal, Toast or Fruit	Chicken Goujons, Mash and Beans	Ice Lollies	Pitta Bread & Hummus	Ravioli with Bread & Butter
Wednesday	Cereal, Toast or Fruit	Roast Chicken, Roast potatoes and Veg Veg Roast	Ice Cream	Fruit Platter	Tuna & Sweetcorn Pasta
Thursday	Cereal, Toast or Fruit	Pizza with Carrot Sticks	Yoghurts	Cheese & Crackers	Muffin Pizzas



Friday	Cereal, Toast or Fruit	Chicken and Pepper Fajita wraps	Fruit Jelly	Rice Cakes	Fish Finger Sandwich
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- We ask that ALL parents/carers keep Nursery staff updated with any allergies their child may have. Alternative meals are prepared for all children that have a dietary requirement or preferences such as Vegetarian.
- Fresh drinking water and milk is available throughout the day along with juice at mealtimes.
- Snacks and Lunches can be provided from home, ensure they are healthy and balanced please